



Tai Chi Chuan Workshop with Master
FERNANDO CHEDEL
SUMMERCAMP 2019

August 2nd-11th 2019 in Breydin (near Berlin)



The Place – What it is like, where it is

The seminar house is located 40km from Berlin, it can be easily accessed by train and taxi or pickup.

The place itself is situated in the middle of a beautiful forest, which makes for a great calm atmosphere, ideal for focused training sessions and untroubled tai chi time. There is a small lake nearby, that can be jumped in for some cooling-off and the forest invites for nice walks. The accommodation is practical and cozy. It comes with full pension: Breakfast, soup and salad for lunch and a nice full dinner prepared by our chef cook Grit. In between there will be snack breaks with coffee and cake.



Tea, water and coffee are included, alcoholic beverages can be purchased for a cheap price. A large indoor training room is offered as well as plenty outdoor space for practice.



Detailed Information

BEGINNING AND END:

The summercamp starts friday, August 2nd, with training at 6 pm.

Arrival is possible from 4 pm. On sunday, August 11th, the summercamp ends with a lunch.

THE DAILY TRAINING SCHEDULE :

| | |
|----------------------------|-------------------------|
| I CHING KUNG | 7:30am - 8:30am |
| BREAKFAST | 8:30am - 10:00am |
| TRAINING SESSION I | 10:00am - 1:00pm |
| LUNCHBREAK | 1:00pm - 6:00pm |
| TRAINING SESSION II | 6:00pm - 9:00pm |
| DINNER | from 9:00pm |

GRADUATION:

On the second weekend, Fernando Chedel offers the possibility for grading exams.

If you are planning to take part, please state so in your registration and note that there is a small bureaucracy fee for the certificate (10€).

HOW TO GET THERE:

[Helmschroths Neue Mühle: Neue Mühle 1, 16230 Breydin](#)

1. From Berlin by Train **RE3** from Berlin/Hauptbahnhof (main Station) or Berlin/Gesundbrunnen or S/U Lichtenberg (every Hour) to Eberswalde Hauptbahnhof (main Station). (Duration: ca.30 min.) From there either with a cab to the „Neue Mühle“ or we arrange a transport beforehand.
2. From Tegel Airport by train: either **Bus TXL** to Berlin Hauptbahnhof (main Station) and then see 1) or **any Bus** to S-Bahn Jungfernheide, then **S41** (Ringbahn) to Gesundbrunnen and from there, see 1.)
3. From Schönefeld Airport by train: **train RB14** to Ostkreuz, then -> **S75** to S/U Lichtenberg -> then see 1)
4. From Berlin by car: Follow the **A 11** until Exit Prenden/Lanke and then to Biesenthal. From there via Grüntal and Tuchen to Klobbicke. In Klobbicke take a left into the **Akazienweg** and follow ca. 2 km through the forest, always staying on the concrete road. The road leads directly to the Neue Mühle.

Prices and Registration

PRICES:

| TYPE OF ACCOMODATION | FULL PERIOD | WEEKEND FRI - SUN | SINGLE DAY (NO ROOM) |
|-----------------------------------|-------------|---------------------|----------------------|
| SINGLE ROOM | 1150,00 € | 380,00 € | |
| DOUBLE ROOM | 1110,00 € | 380,00 € | |
| SHARED ROOM | 1060,00 € | 370,00 € | 170,00 € |
| CAMPING* or EXTERNAL ACCOMODATION | 990,00 € | 325,00 € | |

Please bring the money in cash to the seminar.

*Camping price is only available, if the house is full. You would have to provide your own tent.

REGISTRATION VIA:

<http://daozentrum.berlin/registration-summercamp/>

If you have any questions, please contact:

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tel: 0176 23161743

OTHER:

Bedlinen and towels can be borrowed for a small fee (7€).

However, when you can bring your own, it is greatly appreciated.

Bring your swimming/bathing suits and trousers, there is a lake!

Also bring your swords, there might be mosquitos.